



**STOP THE TRAFFIC**

**A Single Life Set Free Can  
Change The World**

*He reached down from on high and took hold of me ;  
He drew me out of the deep waters  
Psalm 18:16*

Trafficked girls are coming  
through our Pregnancy Centers  
and we can help them.

TOGETHER WE CAN  
STOP THE TRAFFIC!

A single life set free can  
change the world.

Thank you for helping!

These girls just need 3 things:

- To trust you
- To know they are safe
- That there is hope.



**STOP THE TRAFFIC**

The goal of this booklet is to equip you to create an outreach in your center for women caught in the devastating cycle of sexual exploitation.

First let's define trafficking:

- The exchange of anything of value for a commercial sex act with a minor.
- A commercial sex act includes prostitution, pornography and sexual performance done in exchange for any item of value, money, drugs, shelter, food and clothing.
- The victims live in the toxicity of fear and helplessness created by the traffickers.

*The Lord helps them, He delivers them from the hands of the wicked and saves them because they take refuge in Him.  
Psalm 37:40*

## WARNING SIGNS THAT SHE IS BEING TRAFFICKED

- Signs of physical abuse such marks, bruises or cuts
- Inappropriate dress based on weather
- Overly tired
- Withdrawn, depressed, or distracted
- Bragging about making or having lots of money
- Displays expensive clothes, accessories, shoes, or new tattoo (often used by pimps as a way to brand victims)
- Older boyfriend
- Gang affiliations/involvement
- Disjointed family connections, running away, living with friends or experiencing homelessness
- Constant cover-up for abuser, self-shaming/blaming
- Risk-taking behaviors, poor boundaries, drug abuse
- Multiple cell phones

## PIMP / TRAFFICKER'S BEHAVIOR OR CHARACTERISTICS

- Jealous, controlling or violent
- Significantly older than female companions
- Promise things that seem to be too good to be true
- Encourages victims to engage in illegal activities to achieve their goals and dreams
- Vague about his/her profession
- Vague on address or living arrangements
- Encourages inappropriate sexual behavior
- Expresses financial difficulties to make victim feel obligated
- Accompanies and translates for, or speaks for, victim at school or medical appointments
- Has a listening device or tracker
- Is close by but may not be with victim
- Uses power and control

# RED LIGHT : STOP

## HOW TO SEE HER

The traffickers today look a lot different then you think:

- Boyfriends, fellow students, family members, drug dealers, actors, lawyers, doctors, and others. They can be invisible and hide online. Traffickers are no longer only males. They may be a aunt, grandmother or relative.
- The Trafficker will also do most if the talking.
- Remember these girls are an asset to the trafficker. You don't have to know all the details to be helpful.

**Please be safe.**

**Do not CONFRONT the traffickers.  
IF any potential danger exists call 911**

To get her safe ... Have her text

24 hour text line BeFree

# YELLOW LIGHT : CAUTION

## HOW TO GET HER SAFE

She will sometimes not identify as being trafficked. The trafficked learn how to function by living two identities.

### *Stop the Traffic* protocol for Pregnancy Centers

I know this is not what we have been doing because we want the father to be part of the equation: but FIRST we need to make sure that she is safe !

**PLEASE HEAR THIS!!!**

**LEAVE ALL OTHERS OUT IN  
THE LOBBY UNTIL  
SHE IS ASSESSED!!!**

:Because she may have a listening device on her you need to be careful what you say. Set up the bathroom or cupboard with cups, dots and a sign that explains how to use the dots.

**THIS IS ALL YOU SAY!!!**

“The cups and instructions are in the bathroom.”

Example of sign

RED DOT  
YELLOW DOT  
GREEN DOT

PLACE A SIGN ON THE  
WALL IN THE BATHROOM



Put a red dot on the cup,  
if you feel you are not safe.

Put a yellow dot on the cup if  
you are not sure you are safe.

If using RED or YELLOW dot  
place cup in the window and  
say nothing and we will come  
get you.

Put a green dot if you are safe  
and come back into  
the counseling room.

# GREEN LIGHT

## HOW TO GET HER SAFE

What to do if she uses the **RED DOT**  
HAND HER A CARD THAT SAYS

DO YOU WANT US TO CALL 911?  
OR A DOMESTIC ABUSE HOTLINE.

What to do if she uses the **YELLOW DOT**  
HAND HER A CARD THAT SAYS

DO YOU WANT US TO CALL 911  
OR A DOMESTIC ABUSE HOTLINE.

Most of the time she will say no, that is ok.

Give her a reason to come back.

Examples :Ultrasound ,STI testing

A recovery group, parenting class.

Di-

apers and supplies

***Please BE prepared when she says  
YES!***

More things you can do at your center to help!

- Know the laws of your state regarding human trafficking.
- Call your state or county anti-human trafficking task force and ask them to come help you learn more about what you can do to stop the trafficking.
- Start a Christ centered recovery group at your center.
- Join your state or county Anti-human trafficking group.

## **MAKE THE CALL.**

You do not have to know all the details to be helpful.

**If any potential DANGER exists call 911**

**OR SHE CAN TEXT BEFREE**

Karla Sutter and her team are available for FREE anti-human trafficking workshops and training.

**Go to [Elevatherlife.com](http://Elevatherlife.com)**

**STOP THE TRAFFIC**

Resources used in the making of this booklet:  
TRAFFICKING KNOWLEDGE AND PREVEN-  
TION BY STEPHANIE ANDERSON

*A special note from Stephanie , who is  
now safe because of a PRC  
just like yours.*

*They kept putting a pebble in my shoe,  
giving me reasons to come back and  
when I was ready they helped me.*

***NOW I am FREE***

*The Lord their God will save them on that day as a flock of his  
people. They will sparkle in the land like jewels in a crown.*

*Zech 9:16*